



EMPOWER TKD CLASS SCHEDULE

Start Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:15am	School Support Program	School Support Program	School Support Program / Park	School Support Program	School Support Program
3:30pm	Afterschool TKD Lower Belts	Afterschool TKD Higher Belts	Afterschool TKD Lower Belts	Afterschool TKD Higher Belts	
4:30pm	Little Dragon TKD (3-6)	Kick2BeFit (Adult)	Little Dragon TKD (3-6)	Kick2BeFit (Adult)	
5:45pm	Higher Belts TKD	Youth Dragon TKD (7-12)	Upper Belts TKD	Youth Dragon TKD (7-12)	

Location: 610 Airport Road, New Bern, NC 28560

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